

2022 PADA Seminar Ōtepoti | Dunedin



for people working in pregnancy, childbirth & early parenting

Rāapa Wednesday | 30 Noema November 2022 9:00am - 4.30pm
Haven Hall, Salvation Army, 160 Crawford St, Dunedin

These seminars provide professional development for those supporting families affected by anxiety or depression related to pregnancy, childbirth and early parenthood. When participants leave each seminar, they will better understand how these topics impact families, and strengthen their knowledge and skills to help improve perinatal outcomes.

NGĀ KAIKORERO | PRESENTERS

LIORA NOY

Maternal anxiety and depression

Triggers of traumatic births

Breastfeeding challenges with new directions for hope

ACT and secure attachment as tools for wellbeing

HOLLY HAMMOND - CLINICAL PSYCHOLOGIST

Coming face to face with anxiety and panic:

Understanding, relating and responding

NATASHA WALKER

Community Perinatal Support Group

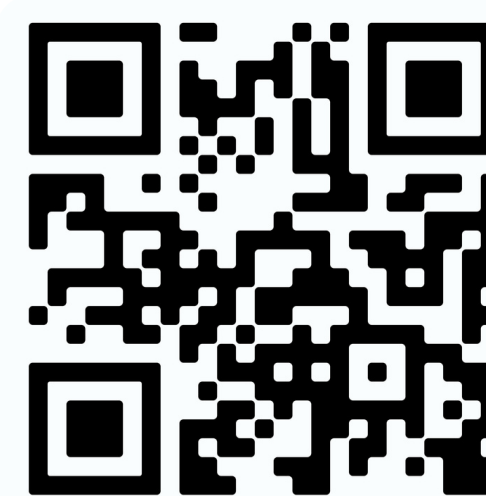
JUSTINE DAHLENBURG

Discussion - Maternal mental health model of care

SHELLEY GORMAN

Little Miracles Trust - a NICU journey

Attracts 8
Midwifery
Continuing
Education
Hours



COGS
Community Organisation
Grants Scheme

OTAGO
Community Trust

Registration Options

Non Member - \$125

PADA Member/Full time students - \$100

Register: www.pada.nz/events

