



invites you to the
2021 PADA Seminar Series
Tauranga Moana
15 Paenga-whāwhā | April 2021

These seminars provide professional development for those supporting families affected by mental illness related to pregnancy, childbirth and early parenthood. When participants leave each seminar, they will better understand how these topics impact families, and strengthen their knowledge and skills to help improve perinatal outcomes.

Presenters

Penny Stevens/Jill Hewitt - BOP DHB
Perinatal and Infant Mental Health Service
overview, pathways and community resources

Kay Jones - MW Educator/Researcher
Lived experience of perinatal mental health
and the health professional

Ange Smart and Sarah Julou
Living with Perinatal OCD

Michelle Hall - True Colours
Honouring the Mother

Sophia Paskall - Doula
Mindfulness/Meditation

Eileen Vuong - Psychiatrist BOP DHB
Identifying and managing perinatal depression



These seminars are of particular value to:
 Midwives, Social Workers, Psychologists, Nurses,
 GPs, Family Community Support Workers,
 Psychotherapists, Childbirth Educators, HR
 Professionals, Counsellors, Mental Health
 Clinicians, Early Childhood Educators

Rāpare | Thursday
15 Paenga-whāwhā | April 2021
9 am - 5 pm
The French Country House
163 Esdaile Rd, Pahoia
Tauranga Moana

Attracts 8 Midwifery
Continuing Education Hours

Registration Options

Non Member - \$125
PADA Member/Full time students - \$100

Thanks to funding from COGS, Sargood and Wright Family Foundation, the registration fee has been reduced

To register go to www.pada.nz/latest-events

