

These seminars provide professional development for those supporting families affected by mental illness related to pregnancy, childbirth and early parenthood. When participants leave each seminar, they will better understand how these topics impact families, and strengthen their knowledge and skills to help improve perinatal outcomes.

## Presenters

**Liora Noy - PADA**  
**Maternal Wellbeing**  
**Supporting Mums with Breastfeeding &**  
**Postnatal Distress**

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**Natalie Manley - Mummy Matters**  
**PND Support - Empowering Women**

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**Justine Pack-England**  
**Positive Psychology**

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**Jan Klausen - Midwife HBDHB**  
**Revisiting the Emotions of the Traumatic Birth**  
**Childbirth After-Thoughts Services**

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**Floriana Coccia - Psychiatrist HBDHB**  
**Anxiety & Depression in the Perinatal Period/**  
**using EMDR for Birth Trauma/ Medication**



These seminars are of particular value to:  
Midwives, Social Workers, Psychologists, Nurses,  
GPs, Family Community Support Workers,  
Psychotherapists, Childbirth Educators, HR  
Professionals, Counsellors, Mental Health  
Clinicians, Early Childhood Educators

**Rāpare | Thursday**  
**25 Poutū-te-rangi | March**  
**9 am - 4:30 pm**  
**Breakout Room 2**  
**Napier War Memorial Centre**  
**48 Marine Parade**  
**Ahuriri | Napier**

**Attracts 8 Midwifery**  
**Continuing Education Hours**



## Registration Options

**Non Member - \$125**  
**PADA Member/Full time students - \$100**

Thanks to funding from COGS  
the registration fee has been reduced

To register go to [www.pada.nz/latest-events](http://www.pada.nz/latest-events)

