

These seminars provide professional development for those supporting families affected by mental illness related to pregnancy, childbirth and early parenthood. When participants leave each seminar, they will better understand how these topics impact families, and strengthen their knowledge and skills to help improve perinatal outcomes.

## Presenters

**Liora Noy - PADA**

**Maternal Wellbeing; Taking off  
the Pressure**

**Supporting Mums with Breastfeeding  
and Postnatal Depression**

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**Willow Duffy - Safeguarding Children**

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**Harriet Denham**

**Perinatal Support Nelson**

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**Nicky Cooper - NMHS**

**First 1000 days/Circle of Security**

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**Rātā  
Foundation**

These seminars are of particular value to:  
Midwives, Social Workers, Psychologists, Nurses,  
GPs, Family Community Support Workers,  
Psychotherapists, Childbirth Educators, HR  
Professionals, Counsellors, Mental Health  
Clinicians, Early Childhood Educators

**Rāpare | Thursday**  
**11 Poutū-te-rangi | March**  
**9 am - 5 pm**

**Annesbrook Church**  
**40 Saxton Rd West, Stoke**  
**Whakatū | Nelson**

**Attracts 8 Midwifery  
Continuing Education Hours**

## Registration Options

**Non Member - \$125**

**PADA Member/Full time students - \$100**

Thanks to funding from Rātā Foundation  
the registration fee has been reduced

To register go to [www.pada.nz/latest-events](http://www.pada.nz/latest-events)

